



**Help us continue
changing lives.**

www.ywca-pdx.org

Call us: (503) 294-7470

Email us: connect@ywca-pdx.org

Find us: [ywca-pdx.org/facebook](https://www.facebook.com/ywca-pdx.org)

Follow us: Twitter @YWCAPortland

“The YWCA helped me get back on my feet so I can concentrate on my goals.”

— Zena

The YWCA of Greater Portland is dedicated to changing lives by empowering women and their families to achieve safety, opportunity, and independence.

ywca eliminating racism
Of Greater Portland empowering women

1111 SW 10th Avenue
Portland, OR 97205

ywca
Of Greater Portland



“The YWCA offered us a home, to feel safe and rebuild our lives. They were there for me and my daughter when nobody else was.”

— Jackie, with Cassie

4 Integrated Service Areas

We provide life-changing social services for women and families from all walks and phases of life.

3 Stages of Empowerment



Safety

Safety is the foundation of positive change. And the YWCA is much more than a safety net — it's a place to grow.

Opportunity

With safety comes opportunity. The YWCA enables people to unlock doors into new lives of possibility.

Independence

At the YWCA, people develop the confidence and the life skills they need to build lives of lasting independence.

domestic violence services



"The YWCA took us in immediately and really what they did saved my daughters' lives."

— Jamaica, with Jylisha

Women and children escaping domestic violence find life-saving safety and renewed hope at **Yolanda House**, a secure, confidential, home-like shelter and 24-hour crisis line providing advocacy, abuse education, and other resources to help rebuild safe, independent lives.

youth services



"I've learned I want to treat new campers the way I wanted to be treated when I was there for the first time."

— Cybelle, 10, with Delilah, 7

LearnLinks helps economically disadvantaged children with personalized tutoring, mentoring, and family support. At **Camp Westwind**, children and teens receive mentorship, gain a global perspective, and build the leadership skills to make a difference in today's multicultural world.

transitional services



"The YWCA believed in me so that I could believe in myself."

— Trinity

Transitional Opportunities Project (TOP) empowers women in transition from incarceration to build stable, healthy lives. **Transitional Housing** helps women and families with subsidized housing. **Energy Assistance** provides emergency utility payments to those in need.

senior services



"Just getting together brightens up my day. The YWCA is a second home away from home."

— Doris

East County Senior Services offers a wide variety of support services to low-income seniors that allow them to maintain healthy, independent lives in the safety and comfort of their own homes. Programs include home safety, nutrition, fitness, social activities and more.